

Patient Instructions for PillCam® Small Bowel Capsule
Endoscopy
With the SensorBelt

Patient: _____

Examination Date: _____

To ensure the best results for your PillCam capsule endoscopy of the small bowel, follow your doctor's instructions carefully and completely.

Day Before Capsule Endoscopy

1. Start the prescribed liquid diet after lunch. — *No food After 12:00 p.m.*
2. Do not eat or drink except for necessary medication with a sip of water, 10 hours before your capsule endoscopy.
3. *At 7:00 p.m. take a bottle of Magnesium Citrate*

Day of Capsule Endoscopy

1. Do not take any medication 2 hours before having the exam.
2. Wear upper garment of thin, natural fiber such as a T-shirt that is long enough to reach at least to hip level and will not ride up above the belt.
3. Arrive for your appointment at the scheduled time: _____

After Swallowing the PillCam SB Capsule

ⓘ The capsule endoscopy procedure will last approximately 8-9 hours. Contact your doctor's office immediately if you suffer from any abdominal pain, nausea or vomiting during the procedure.

1. You may drink colorless liquids starting 2 hours after swallowing the PillCam SB capsule.
2. You may have a light snack 4 hours after ingestion. After the examination is completed, you may return to your normal diet.
3. Be sure the SensorBelt is tight at the waist. Do not attach anything to it.
4. Check the blue flashing DataRecorder light every 15 minutes to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
5. Use the supplied Capsule Endoscopy Event Form, to note the time of any event such as eating, drinking or a change in your activity. Return the completed Event Form to your doctor at the time you return the equipment.
6. Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.